

GROUP COUNSELING WITH CHILDREN
CPSY 514-01 Lewis and Clark College
Summer 2005

“ In every adult lurks a child—an eternal child, something that is always becoming, is never completed, and calls for unceasing care, attention, and education. That is the part of the human personality which wants to develop and become whole.”

C. G. Jung

Instructor: Margaret Eichler Ph.D. NCC
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Classroom: Bodine 202

Dates:

Tuesday June 21, 1-4:00 p.m.

Wednesday June 22nd, Thursday June 23rd, Friday June 24th, Monday June 27th,
Tuesday June 28th, & Wednesday June 29th, 9:00-4:30.

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“Instruction and practice in developing group treatments for children and adolescents in clinical and school settings. Students explore group dynamics, potential problems encountered when running children’s groups, and generalization and maintenance of behavioral change. The course introduces curriculum for specific issues including divorce, substance use, grief, and social skills.”

Prerequisite: CPSY 503 or 505 or 507-508 (may be taken concurrently).

Credit: 3 semester hours

Textbooks:

Reading Packet available in Counseling Psychology Office

Format: We will explore the process of counseling children and adolescents in groups through reading, class discussions, class activities, creative exercises, skill practice and through our own group process as a class.

Outcomes: Students will gain knowledge related to group theory as applied to counseling with children and adolescents. Students will have processed and experienced the practical skills and artful application of group counseling for children or adolescents through personal demonstration of leading a group. Students will also exemplify their learning through a written proposal for a group designed for children and adolescents.

Evaluation: Students will be evaluated on effort and quality of their participation

as well as their assignments. Timeliness and completeness of assignments will factor into overall effort and quality. Points will be awarded to reflect these factors as described below.

Grades: Worldview Paper 30 points, 2 presentations based on assigned readings 20 pts each and class Journal 30 points, Group presentation 45 points and Group paper 45 points. Stress Reduction exercise 10 points.

Total possible points 200, A=200-180, B=179-160, C=159-140.

Below 140 failure to complete class.

Absences: Please notify instructor, more than 3 hours requires an additional assignment, more than 6 hours is a failure to complete class.

Assignments: 10 points deducted for each day late.

Worldview paper: Due Thursday June 23, 2004 (Students who have done this assignment in another class will have an alternative assignment.)

This is a two page informal paper asking to define in some ways where you came from (family, culture, race, geography, economics, education, religion, etc.) and what experiences have shaped who you are and how you perceive yourself. A loose format might be:

Worldview (life circumstances you were born into)

Philosophy of life, (how you perceived your experiences and made sense of life which then developed into how you choose to see your world and live your life)

Counseling Theory (counseling theories and styles that make sense to you and seem to work with your "style")

Summarized by reflection on how you want to grow and where you want to expand your life as a counselor.

Reading assignments: See Calendar.

Presentations: One presentation of a group skill from Basic Counseling Responses and two presentations from the reading packet. Basic Counseling Responses is just a verbal presentation with no written work. The reading packet presentation includes a brief outline of key points to be handed-in along with the presentation.

Stress Reduction Exercise: Bring in a cartoon/comic to share with class 5 times (2 points each).

Journal: Due Tuesday June 28th at the end of class. For the purpose of processing thoughts related to your learning experience, awareness of the group process within the class dynamics as well as reflection on activities done in class. Time will be given within each day for writing. Further entries may be included

at anytime. Can be submitted in handwriting or typed, in a folder, notebook, journal or other presentable format.

Group Presentation: Due either Tuesday June 28th or Wednesday June 29th. A 30-minute presentation of a group “activity” will be given by each student utilizing class members. Design of the group activity will take shape over the course of the class based on student interests.

Group Paper: The instructor will provide the format on Wednesday June 22. This will be the same topic as your group presentation and an area of counseling you have special interest in as well as the client population you might serve in the future.

Date	Reading	Reading Presentation	Group Presentation	Assignment
Tuesday June 21st Class Overview				
Wednesday June 22	BCR Handout	BCR Skills		Comic
Thursday June 23	Packet 1-4	Packet 1-4		Worldview Comic
Friday June 24	Packet 5-8	Packet 5-8		Comic
Monday June 27 Visiting Art Therapist Karen Artis A.T.R.	Packet 9-11	Packet 9-11		Comic
Tuesday June 28			10 presentations	Comic Journals
Wednesday June 29 Evals Closure			10 presentations	