



## *Would you like to participate in varsity athletics at Lewis & Clark College?*

We hope you are and would strongly encourage you to explore the possibility of becoming a part of one of our 19 varsity teams or several club sport teams. If you are considering participation, you should do two things before you arrive on campus.

**First, contact the coach** by phone or email. Let them know you are interested and find out the first date you are to report to practice or tryout. If you are interested in more than one sport, contact both coaches.

**Second**, to tryout or practice you must have completed and submitted in advance several **medical forms**. All required forms are available on the web at [www.lcpioneers.com](http://www.lcpioneers.com). Follow the link under *Sports Medicine* on the right side of the athletic homepage.

Men's/ Women's Cross Country	Keith Woodard	503.768.7068	kfw@lclark.edu
Football	Chris Sulages	503.768.7066	sulages@lclark.edu
Women's Soccer	Steve Golas	503.768.7550	golas@lclark.edu
Women's Volleyball	Lori Jepsen	503.768.7547	jepsen@lclark.edu
Men's/ Women's Tennis	Gundars Tilmanis	503.768.7033	tiltennis@hotmail.com
Men's/ Women's Golf	Scott Stickney	503.348.5709	sespdx1@yahoo.com
Men's/ Women's Crew	Sam Taylor	505.768.7556	samt@lclark.edu
Men's Basketball	Bob Gaillard	503.768-7072	gaillard@lclark.edu
Women's Basketball	Juli Fulks	503.768.7557	fulks@lclark.edu
Men's/ Women's Swimming	Chris Fantz	503.768.7189	fantz@lclark.edu
Men's/ Women's Track & Field	David Fix	503.768.7068	fix@lclark.edu
Baseball	Justin Baughman	503.768.7059	jrbaugh@lclark.edu
Softball	Shawna Feldt	503.768.7552	sports@lclark.edu

If you are unable to contact any of the coaches, please contact athletic administrators:

Clark Yeager	503.768.7548	yeager@lclark.edu or
Sharon Sexton	503.768.7073	sextons@lclark.edu

Complete your required medical forms at [lcpioneers.com](http://lcpioneers.com). (Sports Medicine link)÷--+\*

Jeremy Loew-Athletic Trainer	
MSC 17, Lewis & Clark College	If you have questions:
615 SW Palatine Hill Road	Call 503.678.7032 or
Portland, OR 97219	Email: <a href="mailto:jloew@lclark.edu">jloew@lclark.edu</a>

Students interested in club sports (men's soccer, ultimate Frisbee, sailing, lacrosse) or intramurals are **not required** to complete these medical forms.

***Participating in varsity athletics can be a great way to meet fellow students that may become lifetime friends and to add value to an already great Lewis & Clark education.***