

Session 1 of 3: (15-20 Minutes)

Introductions

Desired Outcomes for the student:

- **Develop an understanding of the “how to” of conversation starters and why they’re important**
- **Develop an understanding of how to begin to know someone in the context of a formal mentoring relationship**
- **Understand the key benefits of mentoring**
- **Appreciate the difference between mentoring relationships and other sorts of teaching relationships**
- **Understand the connection between their areas of study, interests and passions and potential career pathways**

Possible questions to ask your student:

1. What is it like on campus today?
2. What do you enjoy about your life in school and what aspects are challenging?
3. What has surprised you about being a student?
4. What was the series of events that got you to Lewis and Clark? Big break? Influential people? Hobbies or passions?
5. What kind of work or career do you think you might be interested in and why do you feel it’s a good fit?

Wrap-up reflections for both mentors and students:

1. What surprised me about our first mentoring session? Why?
2. What new ideas have I had as a consequence of this conversation?

Next appointment date and time:

Technology Platform:

Session 2 of 3: (30 minutes)

Career Journeys: How do you get there from here? How to develop professional communities and an expertise

During the session mentors and students can invent an imagined position or select an existing position the student might like. The student will then prepare a cover letter or biographical sketch to be delivered to the mentor before Session 3.

Desired Outcomes for the student:

- **Gain insight into the nature of personal paths toward success**
- **Understand the importance of developing their interests and networks**
- **Learn skills for creating and nurturing a professional support network**
- **Create a document designed to introduce themselves to a potential employer**

Possible questions to ask your student:

1. Based on prior conversations with your student, you may know these things already. It may be helpful to ask about their current networks relating to:
 - a. Major area of study
 - b. Curricular and co-curricular activities
 - c. Clubs/Activities on campus
 - d. Friends
 - e. Jobs and internships
2. What do you/can you do now to work toward a well-connected future?
3. What have you done to explore possible career interests?
4. Do you want to see my biographical statement?

Wrap-up reflections for mentors:

1. Given what you've learned about your student and his or her interests and objectives, what kind of strategic and/or practical suggestions might you give him or her now?
2. Do networks function differently today than they did ten years ago? Are you taking advantage of current forms of networking?

Next appointment date and time:

Technology Platform:

Session 3 of 3: (20-30 minutes)

Following up and taking action

Desired Outcomes for students:

- **Review and strengthen biographical sketch or cover letter**
- **Understand the importance of developing, nurturing and owning a strong network**
- **Develop two new network connections**

Possible questions to ask your student:

1. Review the cover letter/biographical sketch assigned last week.
 - a. Two strengths
 - b. Two areas of improvement
2. If you provided a biographical statement to the student in the previous session: Knowing me, what do you see as my most striking experiences, skills, interests and abilities? Did they come through in my document?
3. If we did not know each other, how would you engage me about a project you are pursuing/an idea you want to know more about (tailor to specific shared interest areas)?
4. We all have people who have helped get us to where we are now. Tell me about a connection with someone or a group of people that has been helpful in getting you to where you are today?
 - a. Who
 - b. What did they do to help
 - c. How, specifically, were they of assistance to you
5. Do you write thank you notes? (You never get dinged for being too appreciative, in fact it is a great way to be remembered.)

Wrap-up reflections for mentors:

1. Please fill out the Mentor Connections final survey email you will receive at the end of the program. We appreciate any feedback about your experience mentoring your student and welcome any suggestions.