



LEWIS & CLARK COLLEGE

**GRADUATE SCHOOL OF EDUCATION AND COUNSELING
CPSY 567: INTERNATIONAL FAMILY THERAPY
SPRING - 2014**

DATES: January 18, February 15, March 15, April 5, April 19
Instructors: Teresa McDowell, EdD & Marisol Garcia-Westberg, Ph.D.
Office: Rogers Hall by appointment

CATALOGUE DESCRIPTION

This course introduces students to family work world-wide, including the emerging professionalization of family therapy in many countries. Foci include international family therapy education and clinical practice; transferability of family therapy knowledge across national contexts; and issues of power, resources, and colonization in transnational work.

COURSE DESCRIPTION

This course helps students prepare for international coursework and possible placement in another country during their final semester of clinical work. The course includes readings, lectures and discussions aimed at furthering students' knowledge of international family therapy practice and training as well as awareness of issues specific to international practice and collaboration. Students work independently and together throughout the course to prepare for their anticipated international experience.

COURSE OBJECTIVES

Students in this course will begin developing:

1. Knowledge of international professional associations and opportunities for working internationally;
1. An understanding of potential impact of global power dynamics and resource distribution on international collaboration;
2. An anti-colonial perspective that demonstrates awareness of issues of transferability of professional knowledge and deep respect for cultural differences while maintaining commitment to promoting just practice across all contexts;
3. Greater awareness and willingness to challenge ethnocentrism, nationalism, language discrimination, etc. in development of self-of-the-therapist, and
4. Plans for engaging in professional international collaboration and training.

COURSE REQUIREMENTS

1. Readings/Reflection/Discussion (40 points). Students will be required to read and be prepared to discuss the articles presented in the class schedule.

2. Workshop/Training Unit (60 points) Students will be required to use the readings for the course as well as any other readings deemed useful, to develop and provide a workshop in Uganda. Students will work in collaboration with faculty and other students between class meetings. Students will deliver their workshop to the rest of the class before going to Uganda. The assignment will be graded following the following rubric:
 - Organization and clarity = 12 points
 - Reference of family therapy knowledge = 12 points
 - Integration of culturally relevant frameworks = 12 points
 - Effective use of knowledge in providing training = 12 points
 - Effective delivery workshop = 12 points

NON-DISCRIMINATION POLICY/SPECIAL ASSISTANCE

Lewis & Clark College adheres to a nondiscriminatory policy with respect to employment, enrollment, and program. The College does not discriminate on the basis of race, color, creed, religion, sex, national origin, age, handicap or disability, sexual orientation, or marital status and has a firm commitment to promote the letter and spirit of all equal opportunity and civil rights laws.

SPECIAL ASSISTANCE

If you need course adaptations or accommodations because of a disability and/or you have emergency medical information to share please make an appointment with the instructor as soon as possible.

APPLICATION PROCESS

There are a limited number of seats available for this course. All interested students will need to complete an application and interview. Permission numbers will be offered based on: Order in which interest/applications are received, readiness for international immersion, good standing in the graduate school, and potential to make a contribution to the training program.

OUTLINE AND READINGS

Readings can be found on box.net. The following is a tentative plan for class meetings, although they are open to change depending on needs of the group.

January 18: Family therapy around the world

Bacigalupe, G., (1998). Cross-cultural systemic therapy training and consultation: A post-colonial view. *Journal of Systemic Therapies*, 17(1), 31-44. Please locate via the following website: http://www.academia.edu/224098/Cross-Cultural_Systemic_Training_and_Consultation_A_Postcolonial_View

Borstnar, J., Bucar, M., Makovec, M., Burck, C., & Daniel, G. (2005). Co-constructing a cross-cultural course: Resisting and replicating colonizing practices. *Family Process*, 44(1), 121-131.

Kaslow, F. (2000). History of family therapy: Evolution outside of the U.S.A. *Journal of Family Psychotherapy*, 11(4), 1-35.

McDowell, T., Fang, S., Griggs, J., Speirs, K., Perumbilly, S. & Kublay, A., (2006). International dialogue: Our experience in a family therapy program. *Journal of Systemic Therapy*.

** Course participants choose presentation topics to present in Uganda*

February 15: Uganda history and socio/political/economic Context

Uganda BBC <http://www.youtube.com/watch?v=vO-14N4vZMY>

God Loves Uganda Showing on Jan 17, 18, and 19th in the Clinton Street Theater

<http://en.wikipedia.org/wiki/Uganda> www.buganda.com

Silent War: <http://documentaryheaven.com/uganda%E2%80%99s-silent-war/>

Mwakikagile, G. (2012). *Uganda: A Nation in Transition: Post-colonial Analysis*. Tanzania: New Africa Press.

**Reports on initial research and ideas for Uganda presentations due. Assignments will be made for working between sessions with specific faculty to further prepare.*

March 15: HIV and its influence on the family and family therapy in Uganda

Seeley, J. & Ekoru, K. (2010). Mitigating the impact of the epidemic on the households and families of older people in rural Uganda: lessons for social protection. *African Population Studies*, 24(1&2).

Bolton, P., Wilk, C.M. (2004). How do Africans view the impact of HIV? A report from a Ugandan community. *AIDS Care*, 16(1).

Medley, A. & Kennedy, C. (2010). Provider challenges in implementing antenatal provider-initiated HIV testing and counseling programs in Uganda. *AIDS Education and Prevention*, 22(2)

Bunell, R. E., et. al (2005). Living with discordance: knowledge, challenges, and prevention strategies of HIV-discordant couples in Uganda. *AIDS Care*, 17(8).

**Practice runs for presentations during class meeting*

April 5: Family processes and structures in Uganda

Kipp, W., Satzinger, F., Alibhai, A., Rubaale, T. (2010). Needs and support for Ugandan child-headed households: results from a qualitative study. *Vulnerable Children and Youth Studies*, 5(4).

Namanya, B. (2008). Spousal assault and the Child and Family Protection Unit (CFPU) of the Uganda Police Force. *Police Practice and Research*, 9 (1).

Klasen, F., Oettingen, G., Daniels, J., Adam, H. (2010). Multiple Trauma and Mental Health in Former Ugandan Child Soldiers. *Journal of Traumatic Stress*, 23(5).

Ntozi, J. & Zirimenya, S. (1999). Changes in household composition and family structure during the AIDS epidemic in Uganda. *The Continuing African HIV/AIDS Epidemic*.

Roby, J. & Shaw, S. (2008). Evaluation of a community-based orphan care program in Uganda. *Families in Society*, 89(1)

** Second round practice runs for presentations during class meeting. All course materials due in hard copy and electronic versions.*

April 19: Therapeutic approaches

Sliep, Y. & Weingarten, K. (2004). Narrative Theatre as an Interactive Community Approach to Mobilizing Collective Action in Northern Uganda. *Families, Systems, & Health*. 22(3), 306-320.

Kabura, P., Fleming, L., Tobin, D. (2005). Microcounseling skills training for informal helpers in Uganda. *International Journal of Social Psychiatry*, 51; 63.

Bakkar, T. & Snyder, F. (1999). The (hi)stories we live by: Power/knowledge and family therapy in Africa. *Contemporary Family Therapy*, 21(2), 133-154.

McDowell, T, Brown, A., Kabura, P., Parker, E. & Alotaiby, A. (2011). Working with families in Uganda and the United States: Lessons in cross-cultural professional training. *Journal of Systemic Therapies*, 30(2), 65-80.

Nwoye, A (2000). Sources of gain in African Grief Therapy. (AGT). *Journal of Family Psychotherapy*, 11(1), 59-72.

**Final travel preparations. Books and other items for BMCTI/training materials shared for packing.*