

NOT ALL GREAT MINDS THINK ALIKE.

# Understanding LD

Facts about **Learning Disabilities** and strategies for success

## LD Facts

Learning disabilities are a result of a difference in the wiring of the brain that can cause difficulty with specific learning tasks, such as reading, writing, and math.

People with learning disabilities may be excellent observers of nonverbal behavior and may be strong experiential learners.

“Learning disability” is a general term; there are many different types of learning differences that fall into this category. Some common types are:

- **reading** disabilities (such as dyslexia)
- **written language** disabilities (such as dysgraphia)
- **math** disabilities (dyscalculia)
- **auditory and/or visual processing** disabilities
- **nonverbal** disabilities (includes difficulty with visual-spatial, intuitive, organizational, and other processing functions).

## Strategies for Success

Here are some great strategies for you to try:

- **Use visual aids to help organize.** Use diagrams, make flow charts, color-code your planner, draw, etc.
- **Give yourself plenty of time.** Begin assignments early. Keep a calendar and plan your day so you have enough time to do what you need to do.
- **Read in short spurts.** If reading is a challenge for you, prevent burn-out by reading material 10-15 minutes at a time. Be sure to keep yourself on track and get back to it after a short break.
- **Reach out.** Talk with your professors, your advisor, and the student support services staff. Let them know your learning strengths and challenges, tell them what’s working and what you’d like to change.

## Resources for further information

### Student Support Services Office

Contact us for help with your class schedule, study strategies, testing, or generally just to chat.

Call **503-768-7156** or stop by Albany.

### Accessing Accommodations

Once we have your documentation for your learning difference, we will meet with you and fill out the “Notice of Disability” form together. We will work with you to determine classroom accommodations that address your needs.

### Internet Resources

Visit these websites for more info:

<http://www.nclld.org>

<http://www.studygs.net>

<http://www.ldpride.net>

[http://www.lclark.edu/offices/student\\_support\\_services/](http://www.lclark.edu/offices/student_support_services/)