



at Lewis & Clark College

At Lewis & Clark College, we take the health and safety of our students seriously. We are committed to promoting healthy decision-making and encouraging students to develop the skills to support wellness in all aspects of their lives.

We respect the rights of our students to make their own choices. At the same time, when students engage in potentially risky behavior, we want to do everything we can to be sure they understand the consequences of their actions.

In an effort to reduce potentially negative consequences, we have implemented a program for new students joining our community. ***Think About It*** is an online course that helps students understand the risks of drug and alcohol use, sexual violence, and unhealthy relationships. This interactive online application supplements our other wellness promotion activities in encouraging a healthy standard of living at Lewis & Clark and beyond.

The College is requiring that all entering students complete the first module of the online *Think About It* course before fall classes begin. All students will receive an email in mid July with instructions to complete the course, which will take about two hours. There will also be follow up courses covering more specific topics as you progress through your academic career at Lewis & Clark.

This program is an intensive examination on your personal habits, in addition to providing tips on how to party smart, establish healthy relationships, and deal with others who are disruptive or in danger.

Remember to check your L&C e-mail in mid July regarding instructions on how to access *Think About It*!