Benefit Vendor Contact Sheet

	Provider	Group or Policy Number	Phone	Hours
Medical, Vision, Prescription	PEHT/Regence	60026055	(866) 240.9580	7 am – 6 pm
	Kaiser	1495-001	(800) 813.2000	8 am – 6 pm
Dental	Willamette Dental	Z908A	(855) 433.6825	8 am – 5 pm
	PEHT/Regence	60026055	(866) 240.9580	7 am – 6 pm
	Kaiser	1495-006	(800) 813.2000	8 am – 6 pm
Retirement Savings	TIAA-CREF	GRA: 101700 GSRA: 101701	(800) 842.2776	5 am – 7 pm (M–F) 6 am – 3 pm (Sat)
Life Insurance and AD & D	LifeMap	OR300475	Contact HR x6234	8:30 am – 4:30 pm
Long Term Disability	LifeMap	OR300475	Contact HR x6234	8:30 am – 4:30 pm
Short Term Disability	Lewis & Clark		Contact HR x6234	8:30 am – 4:30 pm
Flexible Spending Account (FSA)	Allegiance	503711	(877) 424.3570	7 am – 5 pm
Employee Assistance Plan (EAP)	Cascade Centers		(800) 433.2320	always open