

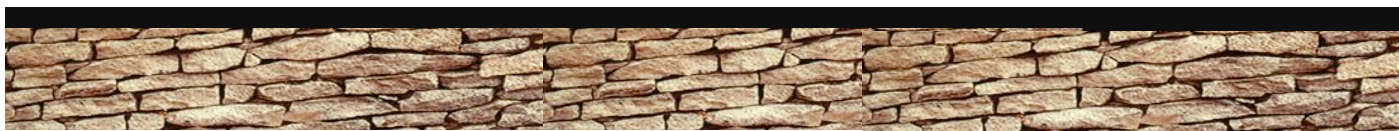
3CE ROAD MAP



Exploration. Leadership.
Experience. Community Responsibility.
Skill Development.



Center for Career and Community Engagement • Lewis & Clark College • Albany 206
go.lclark.edu/3CE • careers@lclark.edu • service@lclark.edu • 503.768.7114



What is the 3CE Road Map?

The 3CE Road Map is a planning resource for your four years at Lewis & Clark College. The Road Map provides an overview for each year with intended goals, thoughtful reflections, and strategies for getting engaged.

The goal of a liberal arts education is to instill in students the ability and desire to become life-long learners and engaged citizens of the world. The 3CE Road Map is designed to help YOU make the most of the Lewis & Clark liberal arts experience. Now is the time to take ownership of your education by determining what you want to learn and how you will contribute to the learning community. Every experience is an opportunity to gain insights about yourself, your community, and your world. Our goal is to equip you with the necessary knowledge, skills, and abilities for a lifetime of learning.

Helpful Guidelines for using the 3CE Road Map

Take Ownership of Your L&C Experience!

We recommend following the Road Map in sequential order, however, use it as a guideline to design your own plan of action. Invest in your education by seeking a broad range of experiences, which build on your interests and values; strengthen your skills and competencies; and expand your understanding of the world around you.



Experience, Reflect, Integrate!

Grounded in the liberal arts tradition, the 3CE Road Map expands on academics through experiential learning. Thoughtful reflections are integral to experience-based learning. Consider using the next four years to test your hypotheses about yourself. Each experience informs the next as you integrate your interests, skills, and passions.

Plan!

Ask any senior. Four years goes by fast. Therefore, it is important that you put a plan into place to make the most of your time. Your plan is flexible so you can change or adapt it. However, writing it down helps you map it out and make adjustments as your interests and experiences develop and you begin to reframe your plan. Each year provides opportunities for you to craft your own goals. Share your goals with your network of faculty, mentors, peers, and staff to keep you on track and motivated!



Know Your Resources!

Across campus there are lots of resources to help you set and achieve your goals. Take advantage of all the campus has to offer by learning about the services and programs designed to enhance and support your college experience.

Year One: Getting Started

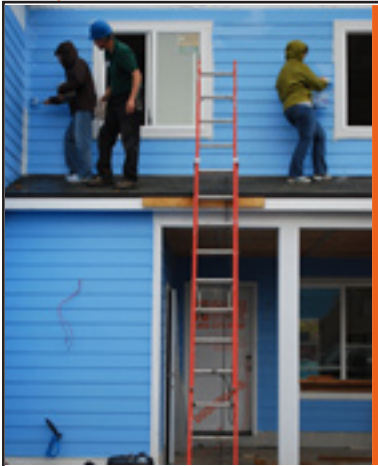
Year one is about getting oriented and adjusted to a new environment. First, it's important to understand the L&C community. Getting to know your faculty members, floormates, and campus resources is the perfect way to learn about your new community. As a member of a living-learning community, you play a pivotal role in making Lewis & Clark a vibrant and engaging environment. Learning how to balance academics with a social life is essential for your four-year L&C experience. Explore and get involved. Your first year is the time to build a strong foundation for your college experience.

Intended Outcomes and Goals:



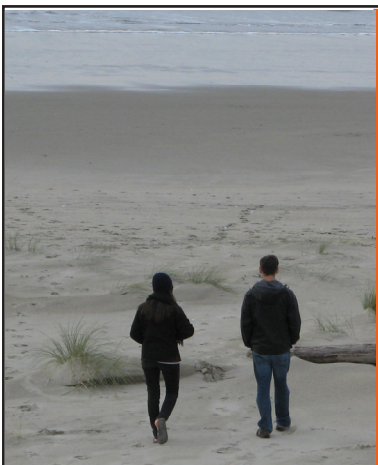
- Understand what it means to be a part of a campus community as well as the number of ways to be involved in on- and off-campus activities.
- Manage multiple tasks, changing expectations and self-advocate as necessary and when appropriate.
- Recognize and be prepared to articulate the value of the liberal arts education.
- Name and identify specific values and/or traits of people whom are inspirational.
- Evaluate strengths and weaknesses in the first-year experience as related to academics and social life.
- Identify and articulate your natural strengths and potential areas for growth.

Ways to Gain Experience:



- Participate in Piofair and identify 3-5 organizations that are of interest.
- Seek opportunities to engage in community service and leadership training through 3CE.
- Participate in community events both on-campus and off-campus. Keep a balance of social activities and socially responsible activities with the goal of getting a "feel" for the community.
- Keep academic appointments and make an effort to get to know your assigned advisor and faculty.
- Consider an on-campus employment position.
- Participate in career and opportunity fairs, alumni events, lectures, performances and symposia.

Reflections to Consider:



- What motivated you to come to Lewis & Clark?
- What has come most naturally in your transition to college? Alternatively, what has been the most challenging?
- What obstacle did you overcome this year? What steps did you take to do so?
- How have you connected with your liberal arts education this year?
- Name a person who has inspired you this year? What qualities made that person inspiring?
- What are a few things you've gotten involved in this year? What are you curious about getting involved in next year?
- Where have you found community at Lewis & Clark?

Year Two: Exploring Your Interests

Year two is about exploring your interests and talents. Now that you have the lay of the land, sophomore year is the time to declare a major, clarify your interests and explore your values. Building strong connections with faculty and advisors is critical during your sophomore year. These relationships enrich your academic experiences. Beyond the classroom, take opportunities to get involved on campus or in Portland. Co-curricular activities such as student clubs and organizations, service projects or internships help you discover and connect your interests and passions.

Intended Outcomes and Goals:



- Declare a major and choose an advisor; commit to your major and academic department.
- Meet with your academic advisor and review the four-year plan. Make sure to include a conversation about out-of-classroom experiences that the faculty member recommends.
- Identify and participate in a meaningful cause either on or off campus; consider taking a leadership role.
- Complete the values worksheet through the 3CE office.
- Prepare a solid working resume and cover letter.
- Understand and appreciate your impact and influence on the college and the Portland community.
- Articulate a personal philosophy of leadership.
- Raise awareness of cultural competence by seeking experiences which push you beyond comfort zones.

Ways to Gain Experience:



- Participate in Sophomore Dinners and Meet Your Major events.
- Increase your investment in a group or organizational mission by narrowing your involvement to a few key areas.
- Take a more active and focused leadership role such as becoming a committee member for Spring into Action or MLK Day of Service.
- Consider personal leadership style and identify strengths and weaknesses through leadership training such as the Emerging Leaders Conference or other experiences.
- Meet with a career advisor to discuss goals, interests and internships; plan for a "new" experience during the summer; prepare a solid resume and cover letter; identify top five values.
- Participate in career and opportunity events.

Reflections to Consider:



- What makes the second year different from the first?
- What issues and/or causes have you identified in the community as important?
- What values are most important to you at this point in life – where is the evidence of those values in your activities?
- What skills did you develop this year? What is your plan of action for addressing the skill set(s) that you will need to accomplish your goals?
- Where are you making meaningful connections with the Lewis & Clark community?

Year Three: Making The Connection

Year three is about deepening your learning and finding meaningful experiences and connections. Halfway through college, junior year is the perfect time to take stock of what you've accomplished and determine what you still want to achieve. Consider finding salient and rich experiences to develop your skills and interests such as research, internships, part-time jobs and leadership opportunities. It is not too early to start planning for graduation! Whether you want to attend graduate school, find a job or take time to explore, mapping out your goals and objectives will allow others to support and connect you to potential opportunities.

Intended Outcomes and Goals:

- Connect to/invest in interests and passions by identifying two tangible action steps.
- Strengthen and cultivate mentoring relationships with faculty, staff and community members to support you in reaching your goals.
- Revise academic, post-grad, and community contribution plan(s) from last year.
- Define your role in the community and determine future directions/expectations.
- Clearly articulate your interests and passions.
- Identify two potential mentors (formal or informal) to support you in reaching your goals.
- Craft an accomplishment-oriented resume, articulating the value of your liberal arts education.



Ways to Gain Experience:

- Participate in internships, study away/abroad, and alumni networking events.
- Attend career connecting events (1st Avenue Career Fair, Idealist, etc., information sessions).
- Integrate leadership roles such as alternative break trip leaders, student life interns, symposium chairs to cultivate and articulate skills and strengths.
- Complete writing and research opportunities such as Pioneer Log/fellowships/ KSLC/100 Projects for Peace/Global Engagement Board.
- Seek experiences that stretch you to develop new skills that might help you in your future plans.



Reflections to Consider:

- Are there themes or patterns emerging from your experiences, in and out of the classroom?
- What passions are emerging for you? Where do you see an intersection with potential fields/careers/jobs?
- What experiences have you enjoyed the most, been proud of and performed well? How do you want to explore deeper?
- In what ways have you impacted the community? Where do you still want to make an impact? (Lewis & Clark, Portland, hometown, greater community)?
- What do you still want to accomplish or contribute in your last year?
- How have you deepened your relationships with others?
- What lessons have you learned from challenging relationships or experiences?
- How would you define yourself as a leader?



Year Four: Moving Into Action

Year four is about the transition from college to the world outside of Lewis & Clark. Navigating the transition from a structured educational setting to a more fluid environment requires focus, persistence and adaptability. Senior year is the time to solidify relationships with faculty, staff and mentors; to articulate your strengths and passions; and to set your goals and put your plan into action. Your ability to articulate the value of your liberal arts education is critical to a successful transition. Senior year provides you with the opportunity to reflect on what you've accomplished, what your next step may be and how you will leave a mark in this community.

Intended Outcomes and Goals:



- Know yourself: interests, skills, values through reflection on experiences in and out of the classroom.
- Reflect on your experiences which led to development of ideas for career.
- Understand and appreciate the job market and how it impacts your transition from L&C.
- Connect interests, passions, and skills to a potential career path.
- Articulate the value and impact of your liberal arts education for the purpose of achieving your post-graduation plan.
- Develop and implement a clear plan of action for the years after graduation.
- Develop enthusiasm and excitement around graduation.

Ways to Gain Experience:



- Complete a Thesis/Major project.
- Serve as a mentor by guiding and supporting other undergraduates through SAM, SAAB, LINCS, ASLC.
- Present research or projects at conferences and symposia.
- Round out gaps in experience and bring projects and internships to successful completion.
- Engage in Senior Experience activities.
- Develop a strong set of professional documents, including reference letters and writing samples.

Reflections to Consider:



- What have you learned about yourself over your four years?
- How would you articulate the value of your Lewis & Clark education?
- What is your time frame for accomplishing your goals?
- Where would you like to see yourself a year from now? Five years?
- What resources are necessary to accomplish your goals? What allies do you have?
- What challenges do you want to overcome?

3CE RESOURCES

3CE LIBRARY:

Discover an array of gradate school, career, and internship resources. Find information on everything from resume writing to discovering an international experience, and from poverty and inequality to education and citizenship.

3CE WEBSITE: go.lclark.edu/3CE

Find out about upcoming events and links to a wide range of career and community engagement resources.

PIOLINK:

<https://lclark-csm.symplicity.com/students>

Search for jobs and volunteer opportunities through the PIOLink database. Check out upcoming events and create your own career profile to help employers find you. Log your community service hours and document your leadership and community service experiences.

NIC (NATIONWIDE INTERNSHIP CONSORTIUM):

<https://nic-csm.symplicity.com/students>

Find thousands of national internship possibilities on the National Internship Consortium database.



Center for Career + Community Engagement

Albany 206



PIOLink: <https://lclark-csm.symplicity.com/students>
Twitter: <http://twitter.com/engagingLC>
3CE Facebook Group: <http://bit.ly/Zoubo>

3CE ENGAGEMENT OPPORTUNITIES

EVENTS + PROGRAMS:

Each semester, 3CE designs events to meet your educational needs and interests. Check out our current calendar of events on our website, go.lclark.edu/3CE or on PIOLink, at: <https://lclark-csm.symplicity.com/students>. Connect with us on Twitter: <http://twitter.com/engagingLC>. Join our 3CE Facebook Group: <http://bit.ly/Zoubo>

ONE-TIME VOLUNTEER OPPORTUNITIES:

These opportunities will introduce you to a variety of organizations and social justice issues impacting communities in greater Portland: everything from hunger and homelessness, healthcare and literacy. Both the MLK Day of Service and Spring into Action are student led!

OVERNIGHT SERVICE:

An in-depth exploration of social justice issues impacting both local and regional communities awaits you on our Overnight Service trips. These trips are student led!

ONGOING SERVICE:

Relationships are key to successfully impacting communities; and, our ongoing service opportunities give you the chance to develop authentic and meaningful relationships in the greater-Portland community.

LEADERSHIP DEVELOPMENT:

Explore various topics through leadership training opportunities like the Student Leadership Institute; and, practice your leadership skills by leading one of our one-time or overnight service opportunities.

3CE SERVICES

Meet individually with a 3CE staff member for advice on a variety of career and community engagement topics. To schedule an appointment, visit us online at go.lclark.edu/3CE.

COMMUNITY ENGAGEMENT ADVISING:

Schedule an advising appointment to explore volunteer, service, and leadership opportunities in the greater-Portland community and beyond.

MAJOR + CAREER EXPLORATION:

Learn about major and career paths. Explore interests, skills, and values; gather information about potential fields.

CAREER ASSESSMENTS:

Complete the Myers-Briggs Type Indicator and the Strong Interest Inventory to learn about your own interests, skills, and values. Our staff will review results with you and help determine a plan of action.

RESUME + COVER LETTER REVIEWS:

Receive assistance crafting and customizing professional correspondence that showcases your skills

JOB SEARCH PLANNING:

Develop skills around conducting an effective job search. Learn to create a powerful resume and cover letter, re-search your target market, network in your field, and polish your interviewing skills.

MOCK INTERVIEWS:

Prepare for an interview with a practice session. Schedule one today to receive feedback on interview skills.

GRADUATE + PROFESSIONAL SCHOOL:

Explore graduate school options with staff and receive feedback on applications, essays, and personal statements. Resources are available for researching programs, preparing for entrance exams, and applying to schools.