

## Alcohol-Wise at Lewis & Clark

We take the health and safety of our students seriously at Lewis & Clark. We are committed to promoting healthy decision-making and encouraging students to develop skills that will support a long and healthy life.

Students' alcohol use is a public health concern on most college campuses. Each year across our nation and around the world, college students experience the negative academic consequences of their drinking behavior, like missing classes, failing courses, or being suspended. Some students drive while intoxicated, while others are assaulted or cause harm to others. Some students who drink excessive amounts experience alcohol poisoning, which can be fatal.

We respect the rights of our students to make their own choices. At the same time, when students engage in potentially risky behavior, we want to do everything we can to be sure they understand the consequences of their choices. We support those who choose not to drink and strive to create a community in which the behavior of drinkers doesn't infringe on other students' rights.

In an effort to reduce students' negative consequences of alcohol use, we have implemented a program for new students joining our community. ***Alcohol-Wise*** is an online course that helps students understand the risks of alcohol use and make healthy choices. This program has been shown at other colleges to reduce the frequency of high-risk drinking behavior. This program supplements our other alcohol abuse prevention activities.

**We are requiring that all entering students complete the online *Alcohol-Wise* course before registering for fall classes.** A passing grade of 70% is necessary to complete the course successfully. All students will receive an e-mail in August directing them to complete the course, which will take about one hour. Thirty days after completing the course, students will receive an e-mail prompting them to complete a 15-minute follow-up. **All students who complete the course and the follow-up in a timely manner will receive a gift card for \$10 toward iTunes downloads.**

Whether students drink or not, there is valuable information in this program. Students will have a chance to look at their own drinking habits, learn tips on how to drink in moderation and avoid over-drinking, and learn how to deal with others who are disruptive or in danger. **Remember to check your e-mail the first week of August for directions on how to access Alcohol-Wise!**