

College Outdoors Previous Experience & Skills Form

Name _____ Date Updated _____

Email _____ Cell Phone _____ LC Box _____

Please use this form to tell us about your previous outdoor experience. Applicable experience includes trips or trainings through College Outdoors, trips or trainings through other programs, as well as other personal experience. Please indicate where the experience was gained, either with CO, another program, or through personal experiences or expeditions. Please **update this form each semester** as it will help us see the progression of your outdoors skills.

Please Check the Items You Have Experience With:

Please List Where You Gained these Skills:

- ☐ Sequoia Bulding & Kitchen Orientation
- ☐ Food Handlers Certification
- ☐ First Aid and CPR Certification
- ☐ Wilderness First Responder (exp. Date _____)
- ☐ Driver's Clearance/Road Test (exp. Date _____)

Experience Gained From: _____

Experience Gained From: _____

Certifying Organization: _____

Certifying Organization: _____

Road Test Taken With: _____

(This means you've been cleared to drive by the school and have gone on a road test with Joe, Josh, or Thom)

- ☐ Experience Backing Trailers
- ☐ Map and Compass Skills or Clinic
- ☐ Basic Principles of Search and Rescue
- ☐ Leave No Trace Principles
- ☐ Sea Kayak Advanced Skills
- ☐ Sea Kayak Rescue Skills
- ☐ Winter Camping Skills or Clinic
- ☐ Avalanche Clinics/Certifications
- ☐ Raft Guide Experience
- ☐ Swiftwater Rescue Skills or Clinic
- ☐ XC/Skate Ski Skills or Clinic
- ☐ Wilderness Leadership/Expedition Planning
- ☐ Familiarity with College Outdoors Tents/Tarps

Experience Gained From: _____

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Experience Gained From: _____

Experience Gained From: _____

Any other relevant skills you'd like us to know about:

Please Turn Over!

Previous Trip Experience:

List prior trips with their location, dates of the trips and your role (Participant, Student Coordinator, Assistant Leader, Leader). **Include any relevant trip experience, not only College Outdoors trips.** This includes personal trips and those through organizations such as NOLS, Outward Bound, Boy/Girl Scouts, etc.

We want a sense of your history in the activities you applied to help lead, as well as the environments with which you are familiar.

Trip Name/Type	Activity Location	~ Starting Date	Role

Any additional information about your outdoor experiences that you'd like us to know: