

LEWIS & CLARK

COLLEGE

OUTDOORS

SPRING
2020

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photo credit: Torrey Lind

INFORMATION

WHAT IS COLLEGE OUTDOORS?

College Outdoors is the outdoor program at Lewis & Clark College. It gives the college community access to the spectacular outdoor environments of the Pacific Northwest and beyond in a variety of activities, including x-country skiing, backpacking, hiking, whitewater rafting, and sea kayaking. On-campus events include talks and seminars on outdoor topics and leadership skills.

COLLEGE OUTDOORS GOES WILD!

Trips explore the mountains, deserts, rivers, and coast. If you are a neophyte outdoors person who considers the walk between your residence hall and the library to be a major hike, try a day raft trip or a trip to the coast! Other programs appeal to the more adventurous at heart and those familiar with outdoor life. Most trips don't require any prior experience. On all of our trips, you will find friendly people, clean (occasionally misty) air, and fantastic scenery.

RELEASE OF LIABILITY

Due to the litigious nature of society and the potential hazards of the outdoors, all College Outdoors participants must sign a release of liability/assumption of risk form.

HOW DO I SIGN UP FOR A TRIP?

Trip sign-up sheets are posted outside the College Outdoors office in Templeton 244 at 9am on the morning of the sign-up date listed for each trip. To hold your reservation, you need to pay the trip fee in our office within 3 business days after sign-up begins. Most trips are posted on Fridays, and payment is needed by Tuesday before 5pm to hold your space. After three days, unpaid spots will be filled on a first-paid basis. Scholarships are available from ASLC to those who qualify for federally subsidized financial aid.

REFUND POLICY

College Outdoors trips are subsidized by us or budgeted to break even. Once you have paid for a trip, we cannot give you a refund unless you find someone else to take your place on the trip. Exceptions are made for documented medical illness or unforeseen family emergencies. Please check your social and academic calendar before paying!

INCLEMENT WEATHER & TRIP CANCELLATIONS

In the event that severe inclement weather is predicted at the program area, most of our trips have alternative trip locations. See the sign-up sheet for the inclement weather plan. If College Outdoors has to cancel a trip due to unforeseen circumstances, College Outdoors will refund the trip fee.

PRE-TRIP INFORMATION

Sign-up begins several weeks prior to the trip and is posted on the bulletin board outside the College Outdoors office in Templeton 244. All trips have a pre-trip meeting (PTM) typically scheduled for the Tuesday before the trip. PTM times are noted on the sign-up sheet as well as in this brochure.

WHAT DOES COLLEGE OUTDOORS PROVIDE?

Unless otherwise noted College Outdoors arranges food packouts for students on Bon Appetit meal plans, group equipment, personal equipment (like wet suits, raincoats, backpacks, etc.), transportation, and organization. Participants not on the Bon Appetit meal plan will pay \$8 more per day for food with the exception of day trips where participants have the option of providing their own food at no extra cost.

TRANSPORTATION

College Outdoors uses 15 & 12-passenger vans and 8-passenger SUVs for most transportation to and from campus for our trips. Transportation is included in the trip fee unless otherwise noted.

VOLUNTEER OPPORTUNITIES

There are many ways to get more involved in College Outdoors. Volunteers are a great asset to our program, and we hold clinics, talks, and job fairs throughout the semester for those interested in learning and helping out College Outdoors. Stop by or contact the office for more information.

LEADERSHIP OPPORTUNITIES

If you are interested in becoming a College Outdoors student leader, stop by the office for information on our leadership program, student coordinating, and other opportunities.

Trip scholarships are available thanks to ASLC.

College Outdoors is an equal opportunity provider and operates under special use permit with the US Forest Service.

WEEKEND TRIPS

Weekend trips have a Pre-Trip Meeting the Tuesday evening before departure. Times vary from 4-6pm

OPEN HOUSE

Wednesdays, January 29 - April 8

Join College Outdoors at the Sequoia Warehouse for Wed. evening sessions on outdoor leadership topics ranging from stove use to tree ID, to cultural competency. Everyone is welcome!

Stop by the office or join our mailing by emailing outdoors@lclark.edu for more info.

CLIMBING SHUTTLE

Mondays & Thursdays, January 2- May 7

Join us Mondays and Thursdays from 7:00 - 9:30pm for this free shuttle to the Circuit Bouldering Gym.

Sign-up in the office on the day of each shuttle.

SNOWSHOE MT. HOOD DAY TRIP

- | | |
|---------------------|----------------------|
| 1) Saturday, Feb. 1 | 2) Saturday, Feb. 8 |
| 3) Sunday, Feb. 16 | 4) Saturday, Feb. 29 |

Snowshoe on the trails around Oregon's tallest volcano! Weather permitting, we'll head up one of the trails on the east side of Mt. Hood, looking for great views of the mountain. Snowshoeing takes a fair amount of energy, but it is great exercise and doesn't require any previous experience.

Sign up begins: 1 & 2) Friday, Dec. 6
3) Friday, Jan 24
4) Friday, Feb. 7 Fee: \$35

X-COUNTRY SKI DAY CLINICS

Nordic Ski:

- | | |
|--------------------|---------------------|
| 1) Sunday, Feb. 2 | 2) Saturday, Feb. 8 |
| 3) Sunday, Feb. 16 | 4) Sunday, Feb. 23 |
| 5) Sunday, Mar. 1 | |

Skate Ski: 1) Sunday, Mar. 8

This is a one-day trip to Teacup Lake Nordic Area on Mt. Hood. After an instructional ski skills clinic, we will head out to explore the surrounding groomed ski trails and practice the skills and techniques we've learned. Nordic Ski clinics teach classic cross-country ski techniques, and Skate Ski clinics teach a high-energy form of skiing similar to ice skating. The trip fee includes all transportation and gear. If you are a more experienced skier, you are welcome to skip the lesson and sign up for these trips to get out and do some independent skiing (skate or classic) on the 20 km of trails at Teacup Lake.

Sign up begins: XC 1&2) Friday, Dec. 6
XC 3) Friday, Jan. 24
XC 4) Friday, Jan. 31
XC 5) Friday, Feb 7
Skate 1) Friday, Feb. 14 Fee: \$35

OREGON COAST DAY HIKE

- 1) Saturday, Feb. 8
- 2) Sunday, Mar. 8
- 3) Saturday, April 18

Join us on the Oregon Coast to hike along majestic ocean beaches, striking cliffs, and surrounding trails in search of huge Sitka spruce trees, ferns, cascading streams, and waterfalls. We'll hike through the forest to bays and coves where we can watch waves crash against the rocks and beaches. The hike traverses emerald green coastal forests showcasing Oregon's natural treasures.

Sign up begins: 1) Friday, Dec. 6
2) Friday, Feb. 14
3) Friday, Mar. 13 Fee: \$30

HIGH DESERT HIKE

- 1) Saturday, Feb. 15
- 2) Saturday, Mar. 7

Explore the dry side of the Columbia River Gorge east of Hood River. This dramatic landscape, sculpted by the largest floods in earth's geologic history, has spectacular hiking trails, less rain than Portland, and usually a good supply of sunshine. Join us to get some exercise, fresh air, and a chance to see spring come to the east side of the Cascade Mountains while hiking up to some stunning viewpoints above the Columbia River.

Sign up begins: 1) Friday, Jan. 24
2) Friday, Feb. 14 Fee: \$30

BACKPACK THE DUNES

- 1) Friday Evening Feb 7-Sunday Feb. 9
- 2) Friday Evening Feb 14-Sunday Feb. 16

The Oregon Dunes are a spectacular and unique location perfect for spring backpacking. On this trip we'll head to the central Oregon coast, stay in a yurt on Friday night, then set out for a backcountry adventure through the Dunes on Saturday and Sunday. We'll backpack through transition forests, sand dunes, and beaches during this weekend trip. Backpacking, especially on sandy dunes, is a rigorous activity and not for the faint at heart. As Oregon weather can be unpredictable in the spring, extreme weather conditions may require us to stay in rustic yurts and set out on daytrips in lieu of backcountry travel.

Sign up begins: 1) Friday, Dec. 6
2) Friday, Jan. 24 Fee: \$65

WEEKEND TRIPS

Weekend trips have a Pre-Trip Meeting the Tuesday evening before departure. Times vary from 4-6pm

HIKE THE DUNES OF THE OREGON COAST WEEKEND

Friday evening, Feb. 21 - Sunday, Feb. 23

On this trip we'll head to Umpqua Lighthouse State Park on the Central Oregon Coast for two days of great hiking and exploring. This part of the coast has the largest coastal sand dunes in the world and features remote sandy beaches. We'll hike through transition forests, sand dunes, and beaches during the day while staying warm and dry in our deluxe yurts at night. Frolicking on the dunes is a fun experience you won't want to miss! You'll definitely want to join us to explore this beautiful part of the state that is uniquely Oregon.

Sign up begins: Friday, Jan. 24

Fee: \$95



BACKCOUNTRY NAVIGATION SNOWSHOE CLINIC

Saturday, Feb. 22

Come explore Mt. Hood off trail, and learn the basics of using a Map & Compass to find your way! This clinic establishes an understanding of the tools and basic navigation skills required for outdoor exploration. The knowledge you can gain can form an important part of your leadership development and is a useful tool for anyone who loves to take outdoor trips. We will be hiking off trail on snowshoes, which takes a fair amount of energy, but is great exercise and doesn't require any previous experience.

Sign up begins: Friday, Jan. 24

Fee: \$35

COASTAL TRAILS & ANCIENT FORESTS WEEKEND

Friday evening, Feb. 28 - Sunday, Mar. 1

Visit ancient forests, coastal beaches, and spectacular overlooks on this weekend trip to explore the ecosystems of the Oregon Coast. We'll stay at Neskowin Valley School, which has a great space to get together in the evenings. Spring comes to the Oregon Coast a few weeks earlier than Portland, so the frogs will serenade you at night with their chorus and the first wildflowers will be blooming.

Sign up begins: Friday, Jan. 24

Fee: \$85

WINTER CAMPING CLINIC

Saturday Feb. 29 - Sunday, Mar. 1

Join us on Mt. Hood to learn how to stay cozy while sleeping out in the snow! You'll learn to use gear sleds, shovels, and snow saws, then stay overnight in snow shelters you built yourself! This trip is moderately strenuous and is recommended for those in good physical condition who are comfortable in the outdoors. There is a mandatory 1.5 hour pre-trip meeting before we head out for the snow, since winter camping is not the sort of thing you want to jump into without a little background. This is a true adventure!

Sign up begins: Friday, Jan. 31

Fee: \$75

BIRDING AFTERNOON

Saturday, Mar. 14

This half day trip plans to go to Ridgefield National Wildlife Refuge. Trails here are paved, fairly short, and accessible to everyone. You will learn to spot and identify some of the amazing avian creatures found here. Expect to see eagles, hawks, tundra swans, and many other birds as we hike the refuge. The trip will leave at 11:30 AM after brunch (van pick up at Fields Dining room) and return in time for dinner, around 5 PM. Unless you need to borrow something, there is no pre trip meeting. Binoculars and hot drinks provided!

Sign up begins: Friday, Feb. 21

Fee: \$25

EDIBLE PLANTS & ETHNOBOTANY ON THE OREGON COAST

Friday Evening, Apr. 3- Sunday Morning, Apr. 5

Visit the ancient forests and striking coastal landscape of the central Oregon coast. You'll Learn to identify, as well as taste, some of the edible plants that live in this ecosystem. Learn about Native American uses of plants and trees. Not only that, but learn about some of the poisonous plants you would want to avoid if you're "wild foraging"! We'll leave campus Friday evening, stay at a cozy charter school in Neskowin and be back in time for brunch on Sunday. The Neskowin school has power, wifi, and bathrooms, and there will be time to do homework or just relax.

Sign up begins: Friday, Feb. 28

Fee: \$85

WEEKEND TRIPS

Weekend trips have a Pre-Trip Meeting the Tuesday evening before departure. Times vary from 4-6pm

EDIBLE PLANTS, ETHNOBOTANY, & WATERFALLS HIKE

- 1) Saturday, Apr. 11
- 2) Saturday, Apr. 25

Spring on the sunny, dry side of the Columbia Gorge is amazing and brings with it plants and flowers that are beautiful, interesting, and even delicious! You'll see rushing waterfalls, spring wildflowers, and learn to identify, as well as taste, some of the edible plants of the eastern part of the Columbia Gorge. You'll also learn about Native American uses of plants and trees. Last but not least, learn about some of the poisonous plants you would want to avoid if you're "wild foraging"!

Sign up begins: 1) Friday, Mar. 6
2) Friday, Apr. 3 Fee: \$30

DESCHUTES RIVER RAFTING

- 1) Friday evening, Apr. 10 - Saturday, Apr. 11
- 2) Friday evening, Apr. 17 - Saturday, Apr. 18
- 3) Friday evening, Apr. 24 - Saturday, Apr. 25

Central Oregon's Deschutes River features seven major rapids in twelve miles, making this one of the premier rafting rivers in the state. You will get wet and you will need to paddle hard! This trip is not recommended for non-swimmers, but you'll be led by experienced guides and everyone has to wear a PFD while on the river. If you like whitewater, this is an awesome time!

Sign up begins: 1) Friday, Mar. 6
2) Friday, Mar. 13
3) Friday, Apr. 3 Fee: \$70

BACKPACK CATHERINE CREEK

Friday, Apr. 17 at 3pm - Saturday, Apr. 18

Escape spring rains and come explore the beautiful semi-arid landscape of Catherine Creek. A somewhat strenuous climb uphill will be richly rewarded with spectacular views of Mt. Hood and the Columbia river gorge, hillsides of wildflowers, and a secluded campsite. Poison oak, ticks, and rattlesnakes are sometimes encountered, but it's well worth visiting to experience this gorgeous area! Participants will need to be able to leave Friday at 3pm, and you will return Saturday afternoon.

Sign up begins: Friday, Mar. 13 Fee: \$45

Additional trips and clinics get added throughout the semester. Stop by our office in Templeton 244 for updates to the schedule.

SEA KAYAK DAY TRIP

- 1) Sunday, Apr. 19
- 2) Saturday, Apr. 25

Sea kayaking in Oregon can bring you to scenery hard to see otherwise. We will kayak around either Scappoose Bay or Sauvie Island. Both of these areas are tidal and adjacent to the mighty Columbia River. Winding waterways take kayakers through wetland, floodplain, forests, and marshlands. Eagles, swans, and Sandhill cranes are often seen. If you're lucky, you may spot one of the resident river otters. Come out and paddle with us!

Sign up begins: 1) Friday, Mar. 13
2) Friday, Apr. 3 Fee: \$45



BACKPACK SERVICE PROJECT

Saturday, Apr. 11 - Sunday, Apr. 12

Celebrate the environment on this great wilderness service project. This trip will do half a day of wildlife habitat enhancement work on top of Klickitat Canyon, backpack into a remote campsite later that afternoon, and spending the night with simply the gear you carry in on your backs. Spring is in full bloom in the Gorge by this time in April, so wildflowers should be popping up all over. Since the rainfall this far east is minimal, plenty of sunny skies and spectacular scenery are to be expected!

Sign up begins: Friday, Mar. 6 Fee: \$45

STAND-UP PADDLEBOARD

AFTERNOON

- 1) Friday, May 1
- 2) Saturday, May 2

Take a study break and join College Outdoors on reading days for a fun afternoon of stand-up paddleboarding (SUPing)! This trip will leave campus at noon and heads to nearby Clackamette Park where you can learn the basics of SUPing and enjoy some spring sunshine. This trip is perfect for beginner SUPers and anyone who wants to enjoy some of the clearest calm water in the area. We may see great blue heron, eagles, and spring blossoms. The trip will be cancelled and your money refunded in case of inclement weather.

Sign up begins: Friday, Apr. 10 Fee: \$15

SPRING BREAK & WFR

Spring Break trips have a Pre-Trip Meeting on Tuesday or Thursday evening the week before departure. Times vary from 4-6pm

SPRING BREAK TRIP INFO:

Spring break is the perfect time to join in on a longer trip, and the cost for a whole week of adventures is often less than you would spend going home! These trips can count as an activity credit for graduation! You can get credit in PE/A 101 "Outdoor Adventures" for participation during Spring Break trips as long as you register prior to the add/drop period and complete an add/drop form. If you attend 4 or more Open House sessions in addition to a Spring Break trip, you can get credit in PE/A 142 for "Wilderness Leadership." Again, you would need to register for PE/A during the add/drop period.

Plan to add \$5/day for vegan, gluten-free, or other specialized diet requests (a vegetarian option is included at no extra charge). Medical dietary restrictions are exempt from the additional \$5/day fee.

SPRING BREAK: OREGON COAST RETREAT

Monday, Mar. 23 - Friday, Mar. 27

Visit the some of the tallest coastal dunes in the world, visit tide-pools, and recharge your body relaxing on this spring break trip! We'll hike along the ocean beaches and surrounding trails to find huge Sitka spruce trees, ferns, cascading streams, and waterfalls. You'll see bays and coves with waves crashing on spectacular cliffs, and have a chance to play on the extensive sand dunes. The trip leaves Monday of Spring Break and returns Friday evening, so you have both weekends on either end of spring break to visit friends or catch up on homework, and during the trip you can relax in cozy yurts in the evenings.

Sign up begins: Friday, Jan. 24 Fee: \$375

SPRING BREAK: HIKE & KAYAK the REDWOODS

Saturday, Mar. 21 - Saturday, Mar. 28

Come stay at a lodge and cabins in Redwood National Park! We'll spend the week hiking through huge redwood forests and stunning beaches on the Pacific Ocean. We'll also spend part of the trip learning how to handle a kayak on the bays and lagoons adjacent to the ocean. It's the start of spring in these forests, so the wildflowers will be blooming. The main lodge where we stay has a huge kitchen for cooking meals, great resources for learning about redwood ecology, and hot showers, too! Redwoods are the tallest living things in the world. Don't miss this opportunity to live among them for a week!

Sign up begins: Friday, Jan. 24 Fee: \$550

SPRING BREAK: CENTRAL OREGON WINTER ADVENTURE

Monday evening Mar. 23 - Friday, Mar. 27

Spring break is the perfect time to explore the winter wonderland of central Oregon! The east side of the Cascade Mountains features snowy peaks, pine forests, and plenty of crisp spring sunshine. We'll spend our days snowshoeing and learning to cross country ski, then head back to sleep in cozy rustic yurts. We'll stay near Bend, Oregon close to the Three Sisters Wilderness and Mt. Bachelor. You'll get to practice backcountry navigation skills, learn some avalanche awareness basics, and definitely drink lots of hot cocoa! Time and conditions permitting, we plan to build an igloo, go ice skating, snowshoe by moonlight, and hike at iconic Smith Rock. No experience is necessary, but this trip is moderately strenuous and is recommended for those in good physical condition who are comfortable in the wintery outdoors.

Sign up begins: Friday, Jan. 24 Fee: \$395

WILDERNESS FIRST RESPONDER COURSE

Monday, May 11 - Wednesday, May 20, 2020

This ten-day, intensive, medical course is the medical training standard for Outward Bound instructors, NOLS instructors, and other outdoor professionals. Improve your résumé for that ideal summer job, and be ready for any emergency that might arise. This 80-hour course will meet 8 to 12 hours per day over the scheduled days, with one day off (usually at the midpoint of the course). The course is taught by professional NOLS Wilderness Medicine instructors.

Sign up begins: Friday, Jan. 24
Fee: LC Students: \$595 Public: \$775

WILDERNESS FIRST RESPONDER HYBRID RECERTIFICATION

Friday, May 22 - Saturday, May 23, 2020

This hybrid format recertification course blends online pre-work with 2 days of scenarios. It is designed as review and practice of evacuation and decision making guidelines. It also provides wilderness medicine practitioners with current updates in the wilderness medicine field. This course may be used to re-certify Wilderness First Responder and Wilderness EMT (wilderness portion only) certifications.

Sign up begins: Friday, Jan. 24
Fee: LC Students: \$250 Public: \$350

FEBRUARY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Climbing Shuttle 7pm-9:30pm 27	Pre-Trip Meetings Carniv. Plants - 4:00 Snowshoe #1 - 4:30 XC Ski #1 - 5:00 28	Open House 6pm-7pm 29	Climbing Shuttle 7pm-9:30pm 30	Carnivorous Plants 31	Snowshoe #1 1	XC Ski #1 2
Climbing Shuttle 7pm-9:30pm 3	Pre-Trip Meetings BP Dunes #1 - 4:30 Snowshoe #2 - 4:45 Coast Hike #1 - 5:00 XC Ski #2 - 5:30 4		Climbing Shuttle 7pm-9:30pm 5	BP Dunes #1 6	Coast Hike #1 Snowshoe #2 7	XC Ski #2 Avalanche Clinic 8
Climbing Shuttle 7pm-9:30pm 10	Pre-Trip Meetings BP Dunes #2 - 4:30 Desert Hike #1 - 4:45 Snowshoe #3 - 5:00 XC Ski #3 - 5:15 11	Open House 6pm-7pm 12	Climbing Shuttle 7pm-9:30pm 13	BP Dunes #2 14	High Desert Hike #1 15	XC Ski #3 Snowshoe #3 16
Climbing Shuttle 7pm-9:30pm 17	Pre-Trip Meetings Nav. Snowshoe - 4:30 Coast/Forest - 5:00 XC Ski #4 - 5:15 18		Climbing Shuttle 7pm-9:30pm 19	Coast/Dunes Wknd 20	Navigation Snowshoe 21	XC Ski #4 22
Climbing Shuttle 7pm-9:30pm 24	Pre-Trip Meetings Winter Camping - 4:30 Snowshoe #4 - 4:45 Coast/Forest - 5:00 XC Ski #5 - 5:00 25	Open House 6pm-7pm 26	Climbing Shuttle 7pm-9:30pm 27	Coast/Forest Wknd 28	Winter Camping Snowshoe #4 29	XC Ski #5 1

MARCH

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Climbing Shuttle 7pm-9:30pm 2	Pre-Trip Meetings Skate Ski #1 - 4:30 Coast Hike #2 - 5:00 Desert Hike #2 - 5:15 3		Climbing Shuttle 7pm-9:30pm 4		High Desert Hike #2 6	Coast Hike #2 Skate Ski #1 7
Climbing Shuttle 7pm-9:30pm 9	Pre-Trip Meetings SB Redwoods - 4:30 SB Winter - 4:45 Bird Watching - 5:15 10	Open House 6pm-7pm 11	Pre-Trip Meetings SB Coast - 5:00 Climbing Shuttle 7pm-9:30pm 12		Bird Watching 13	
Climbing Shuttle 7pm-9:30pm 16			Climbing Shuttle 7pm-9:30pm 18			SB Redwoods → 21
SB: Redwoods SB Winter Adventure SB Coast 23						
Climbing Shuttle 7pm-9:30pm 30	Pre-Trip Meetings Edible Plants - 5:00 31		Climbing Shuttle 7pm-9:30pm 1	Edible Plants Wknd 2		

APRIL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Climbing Shuttle 7pm-9:30pm 30	Pre-Trip Meetings Edible Plants - 5:00 31		Climbing Shuttle 7pm-9:30pm 1	Edible Plants Wknd 2		
Climbing Shuttle 7pm-9:30pm 6	Pre-Trip Meetings Rafting #1 - 4:30 BP Service - 4:45 Edible Plants #1 - 5:00 7	Open House 6pm-7pm 8	Climbing Shuttle 7pm-9:30pm 9	Rafting #1 10	BP Service Project Edible Plants #1 11	5
Climbing Shuttle 7pm-9:30pm 13	Pre-Trip Meetings Rafting #2 - 4:30 BP Cath Crk #1 - 4:45 Coast Hike #3 - 5:00 Sea Kayak #1 - 5:15 14		Climbing Shuttle 7pm-9:30pm 15	Rafting #2 BP Catherine Crk #1 16	Coast Hike #3 17	Sea Kayak #1 18
Climbing Shuttle 7pm-9:30pm 20	Pre-Trip Meetings Rafting #3 - 4:30 Edible Plants #2 - 4:45 Sea Kayak #3 - 5:15 21		Climbing Shuttle 7pm-9:30pm 22	Rafting #3 23	Sea Kayak #2 Edible Plants #2 24	
Climbing Shuttle 7pm-9:30pm 27	Pre-Trip Meetings SUP #1 - 4:30 SUP #2 - 5:00 28		Climbing Shuttle 7pm-9:30pm 29	SUP Afternoon #1 -- READING 30	SUP Afternoon #2 DAYS -- 1	26

MAY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Climbing Shuttle 7pm-9:30pm 27	Pre-Trip Meetings SUP #1 - 4:30 SUP #2 - 5:00 28		Climbing Shuttle 7pm-9:30pm 29	SUP Afternoon #1 -- READING 30	SUP Afternoon #2 DAYS -- 1	3
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Wilderness First Responder						→
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