

## **Beyond Portlandia: Economic & Environmental Justice Trips**

Thanks for your interest in Student Leadership and Service's Beyond Portlandia New Student Trips! Your fellow students plan these trips to introduce you to your new hometown in fun and meaningful ways. This sheet does not cover all aspects of the trip, but it will give you a few quick details.

### **Where will I stay during the trip?**

All Beyond Portlandia (Environmental Justice & Economic Justice) participants will be housed in a church in Southeast Portland. The church will provide for an "indoor camping" experience. Yep, that means sleeping on pads on the floor! There will be kitchen facilities on site, where we will prepare our meals together. The church we use is centrally located and has proven a very hospitable site for these annual trips. Depending on the trip schedule, we should have access to showers 0-2 times during the trip. Accessibility accommodations are available, contact [leadserve@lclark.edu](mailto:leadserve@lclark.edu) for more information.

### **What will I do during the trip?**

Economic Justice participants will focus service and learning efforts on various anti-poverty and anti-discrimination initiatives in the Portland area. Each day we will engage in 2-4 service and/or learning activities as well as enjoy getting to know Portland and each other. Potential projects include: visiting with low wealth and houseless guests in Operation Nightwatch's hospitality center; tending to community gardens that provide fresh vegetables to low income families; serving food to those living in food deserts; and meeting with local housing justice activists. We hope this trip challenge our ways of thinking about socio-economic class while making new friends.

Environmental Justice participants will focus service and learning efforts on Portland's environmental sustainability movement. Each day we will engage in 2-4 service and/or learning activities. Potential projects include: touring the wind farm that supplies Lewis & Clark with electricity; cooking and sharing food at a Food Not Bombs potluck; and, tending to community gardens that provide fresh vegetables to low income families. This trip will be a great opportunity to expand your awareness of sustainable practices while getting your hands dirty and connecting with like-minded classmates.

### **How will I make sense out of the experiences I have during the trip?**

Each trip will be led by two current students. They will serve as your guides for the week, showing you their city and answering your questions about life at Lewis & Clark. We will spend time together as a group reflecting on and discussing our service-learning activities as well as having fun and making new friends. In the past, students have returned from this trip excited, energized, and more familiar with their new home!

### **What will we eat?**

We eat well on this trip! Some examples of typical meals include: pizza, burritos, and mac & cheese, and we love delicious snacks! This trip can accommodate any dietary restrictions and allergies, as long as you let us know about them ahead of time. For vegan and other non-medical specialty diets, there is an additional \$5/day meal charge. There is no extra cost for vegetarian diets or medical allergy restrictions.

### **What if I don't have the right clothing or equipment?**

No problem! Check out our packing lists (located on your trip page) for a description of the essential and optional things you'll need for your trip. If you don't have your own outdoor clothing or personal equipment, we provide what you'll need for free, as long as you *request the equipment ahead of time* using the online form.

### **What are the policies?**

Participants on Student Leadership & Service trips are expected to follow all [Lewis & Clark College conduct policies](#). All trips are tobacco, drug, and alcohol free, including vaping, medical cannabis, and tobacco products. Nicotine patches and gum are permitted.

### **What are the risks?**

Common injuries which could occur on these trips include: accidental cuts from kitchen knives, burns on hands from handling pots on a stove without hot pads or gloves, and sunburn from not applying enough sunscreen while working outdoors. These are all preventable with a little caution and common sense. Tools that you may use at a worksite need to be respected. Shovels, hammers, screwdrivers, and other items should be used carefully. Proper tool use will be explained before each service project. Climbing any ladder should be done properly. Beware of electrical wires. Wear eye protection when using tools. Work gloves will be provided. Footwear should be sturdy enough to protect participant's feet from injury.

**Have a great summer, and we'll see you in August!**