



To Our Incoming Graduate Students:

On behalf of our Wellness Services staff, welcome to Lewis & Clark College! Wellness Services includes the Health Service, the Counseling Service, the Office of Health Promotion & Wellness, and the student health insurance program.

We want to promote your health as a student, along with the health of our community. In accord with this, we have four health considerations that must be addressed soon.

1. **If you enrolled on a full-time basis (i.e., taking six or more credits in any semester or summer session), we need you to set up your account on our Health Information Portal (HIP). You can access the portal at: <http://lclark.medicatconnect.com>**

Please note that you must set up your Lewis & Clark e-mail account and then wait at least 24 hours before you can set up your portal account. The portal will allow you to enter the immunization and other health information described below on a platform that ensures the security of your health information. Be sure to follow the directions at the above website for setting up your portal account. If you have any difficulties setting up your portal account, please check out this [helpsheet](#).

2. **Oregon state law requires measles (MMR) immunizations prior to attending classes for all students enrolled full-time. Part-time students (i.e., those taking five credits or less) are not subject to this requirement.** Students should enter their immunization dates in the Health Information Portal. **Click on the immunization tab to enter your two MMR dates (you may also enter your other immunization dates but they are not required).** The Oregon state law requirement is:
 - **Two doses of MMR (Measles, Mumps, Rubella) at least 28 days apart after 12 months of age.** *Note: Students who do not meet the measles vaccination requirement or one of the exemption criteria will experience registration holds and/or cancellations.*
 - **If you have been in a high risk area, we also require tuberculosis screening prior to attending classes. Click on the immunization tab to enter your TB testing information.** Tuberculosis screening is required if you meet **either** of the following criteria: you were born in a country with a high incidence of tuberculosis disease; or in the last five years you lived in, traveled to, or emigrated from a country with a high incidence of tuberculosis disease. (For a list of countries with high incidence of tuberculosis disease, see Appendix B of the publication [Tuberculosis Screening and Targeted Testing of College and University Students.](#))
3. **We need you to complete our Health History form. If you plan to access care at our on-campus Health Service, please read and sign our Health Service Consent to Treatment form as well.** When you have logged into the Portal, click on the link for “Forms,” then choose the “Health History” and the “Health Service Consent to Treatment.”

IMPORTANT: If you have any underlying health condition that might put you at a higher risk for COVID-19, please list this condition on your Health History form. Similarly, if you are taking a medication that affects your immune system and places you at a higher risk for COVID-19, please list this on your form. If you anticipate

needing academic accommodations due to any of these factors, please also contact the Office of Student Support Services (access@lclark.edu) as soon as possible. You may also request individualized consultation with one of our Health Service staff by e-mailing health@lclark.edu. Note that our Health Service staff will be available for such consultations through June 24, and then again starting August 3.

Oregon state law requires us to provide ALL students with information on vaccine-preventable diseases known to occur in individuals between 16 and 21 years of age. We encourage you to read that information at this [webpage](#), and then talk with your health care provider about what additional vaccines might be appropriate. See also the [American College Health Association \(ACHA\) recommendations for immunizations for college students](#).

Your completed forms in our Health Information Portal (HIP) will become part of your permanent medical record. This record is held secure within Wellness Services. You control how information from these forms is shared—please see the forms for details.

Please note that if you have a health condition--such as hearing loss, mobility impairment, low vision, learning disability, or psychiatric disorder—and you think you may need some support at Lewis & Clark directly related to any impairment you experience, you should contact the Lewis & Clark [Student Support Service](#) office (503-768-7192) as soon as possible. You must contact that office as a first step if you desire any academic accommodations. Because your health history forms are confidential within Wellness Services, disclosure of a health condition in our health history forms does not constitute disclosure of a disability to the College.

4. Finally, Lewis & Clark offers a student health insurance plan for GSEC students. Enrollment is optional.

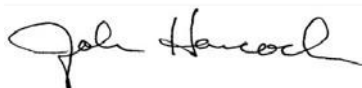
To be clear, students can use our Health and Counseling Services without being enrolled in the school-sponsored student health insurance plan. However, because we provide only limited care on campus, students often must access care off-campus at some time during the academic year. This care can include expensive diagnostic tests, consultation with specialists, ongoing mental health care, or emergency department visits.

Lewis & Clark has partnered with a health insurance company to offer a [health insurance plan for students](#) that contains robust benefits that support the health of college students. The plan provides excellent value as well as access to a wide network of providers both in Portland and across the nation. The plan may provide a better value for you than health insurance offered through a parent's or partner's employer. We encourage you to review our student health insurance plan and see if it meets your needs.

GSEC students who wish to enroll in this coverage must do so at the start of each and every semester. For more information about how to enroll, please visit the [student health insurance webpage](#).

We look forward to partnering with you in support of your health and wellness. If you have questions regarding student health insurance, please contact USI Northwest at 1-800-251-4246. For all other health-related questions, please call us at 503-768-7165.

Best wishes,



John Hancock, Ed.D.
Associate Dean of Students for Health and Wellness

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