Lewis & Clark COBRA is administered by the third party COBRA Management Services

Toll-free number: 866-517-7580

COBRA eligibility is on the first of the month following loss of benefits. (ex - event date of 5/8/2022, loss of benefits on 5/31/2022, COBRA eligibility begins on

6/1/2022) You have <u>60 days</u> from the beginning of your COBRA eligibility to submit enrollment

forms.

Lewis & Clark - COBRA Rates effective 4/1/2022 - 3/31/2023

Plan/Coverage Level	Monthly COBRA Rate
Medical - Kaiser Value HMO	
Employee Only	\$576.48
Employee + Spouse	\$1,152.97
Employee + 1 or more children	\$1,037.67
Employee + Family	\$1,729.45
Medical - Kaiser Traditional HMO	
Employee Only	\$703.46
Employee + Spouse	\$1,406.93
Employee + 1 or more children	\$1,266.23
Employee + Family	\$2,110.39
Medical - Kaiser Added Choice POS	
Employee Only	\$913.09
Employee + Spouse	\$1,826.19
Employee + 1 or more children	\$1,643.58
Employee + Family	\$2,739.29
Medical - Kaiser Added Choice HDHP	
Employee Only	\$781.89
Employee + Spouse	\$1,563.79
Employee + 1 or more children	\$1,407.41
Employee + Family	\$2,345.68
Dental - Delta Dental	
Employee Only	\$53.11
Employee + Spouse	\$122.13
Employee + 1 or more children	\$100.91
Employee + Family	\$169.93
Dental - Kaiser HMO	
Employee Only	\$61.72
Employee + Spouse	\$123.45
Employee + 1 or more children	\$111.10
Employee + Family	\$185.16
Dental - Willamette Dental	
Employee Only	\$43.10
Employee + Spouse	\$86.24
Employee + 1 or more children	\$94.86
Employee + Family	\$133.67
Employee Assistance Program	
All Levels	\$2.37